



## **SOUTH WEST SCHOOLS' FEDERATION**

### **SEX AND RELATIONSHIPS EDUCATION POLICY**

*This policy is within the guidelines proposed by the Personal, Social and Health Education Guidelines and given by advice from Devon Curriculum Services & meets the requirements of Every Child Matters.*

#### **AIMS**

- To ensure that pupils are given the best of knowledge and teaching in order to make informed decisions to be safe and stay healthy
- To assist our pupils in caring for themselves and others
- To ensure that our pupils have a correct and proper explanation about Sex and Relationships
- To ensure that our pupils have knowledge of the correct vocabulary of parts of the body and internal organs
- To ensure a child develops the skills in order to take their place in society and become good citizens

We appreciate that care and sensitivity is needed in approaching any aspect of Sex & Relationships Education and that the issues regarding sexual reproduction in humans should always be discussed within the context of a loving relationship/environment.

It was felt preferable to discuss this policy within the context of each year group. At different stages children will be introduced to specific vocabulary and it was felt necessary to make parents aware of this fact.

#### **RECEPTION – FOUNDATION STAGE**

During the Foundation Stage children will be introduced to the appropriate aspect of learning in the Health & bodily awareness in the Physical Development (**PD**) Area. Also the learning which will encompass the six areas of Personal, Social and Emotional development (**PSED**)

1. Disposition and attitudes
2. Self-Confidence & self-esteem
3. Making Relationships
4. Behaviour and Self-control
5. Self-care
6. Sense of community (family life etc)

It also links with Knowledge and Understanding of the World e.g. life cycles and growing old etc. This will incorporate Health & Safety and the Natural World.

#### **YEAR 1 – NATIONAL CURRICULUM**

Reproduction would be considered within a wider topic such as; 'The Family', 'Ourselves', 'Growing' and could be linked to plant and other animal reproduction. Only a basic idea about reproduction would be given at this stage. Words like 'umbilical cord,' 'tummy button', 'seed', 'egg' and 'mothers womb' would form a useful introduction to the concept of a baby's development. Children would learn that sometimes when two parents love each other something special happens. A seed put in the womb by the father joins the mother's egg and a baby grows. The

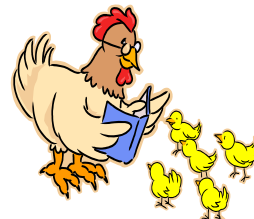
concept would be on the baby growing as a living thing - just like a seed grows. The children would then learn how a baby is cared for. At this stage any 'awkward questions' would be answered with, 'well you'll learn about that when you're older..' or at the discretion of the teacher.

## YEAR ONE

*Differences –* living and non-living  
Male & Female (animals & Human)  
Naming body Parts

*How did I get here?* Where do Frogs come from?  
Birth fact-file  
Human Life Cycle

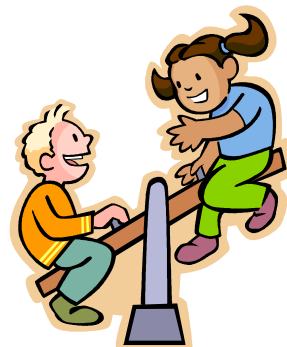
Growing Up What can you do at different ages?  
Animals/Babies



## YEAR TWO

*Differences* Male & Female (Higher level)  
Happy / Sad  
Life Cycle  
Naming parts of the body  
Carrying a baby

*Growing* Friends  
Personal achievements

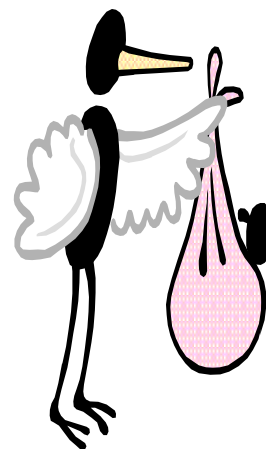


## YEAR THREE

*How we change*  
*Inside our bodies* Periods  
*Having control over choices* Pubic Hair  
*Consider the feelings of others*

## YEAR FOUR

*Naming body parts* More specific  
*Relationships* Hopes & Dreams  
*Fertilization*  
*Preparing for a baby*  
*Different sorts of families*  
*What is love*  
*Healthy mother –Healthy baby*  
*How a baby is born*



## YEAR FIVE & SIX

*Changes in girls* onset of puberty  
*Emotional changes*  
*Keeping clean*  
*Preventing conception*

*Changes in boys*  
*What is sperm?*  
*What are wet dreams?*  
*Relationships* It's OK for a boy to cry

